















IS IT A COLD OR THE FLU?

COLD	SYMPTOM	FLU
 YES	STUFFY OR RUNNY NOSE	 SOMETIMES
 YES	SNEEZING	 SOMETIMES
 YES, with green or yellow gunk	COUGH	 YES, a dry cough
 YES	SORE THROAT	 SOMETIMES
 MILD head & body aches	BODY ACHES	 SEVERE aches all over
 NO	NAUSEA	 SOMETIMES
 RARE for adults	FEVER	 YES